

Bachelor of Science in Public Health (B.S.P.H.) Health Promotion to Master of Public Health (M.P.H.)

2023-2024 Academic Catalog, Bachelor of Science in Public Health – Health Promotion Concentration to Master of Public Health

Academic Core for B.S.P.H. 40 Hours

CHRISTIAN STUDIES 6

CSBS 1311	Engaging the Old Testament	3
CSBS 1312	Engaging the New Testament	3

ENGLISH 9

ENGL 1321	Rhetoric & Composition I	3
ENGL 1322	Rhetoric & Composition II	3
ENGL	Literature	3

A grade of a "C" or higher is required in ENGL 1321 and ENGL 1322.

EXERCISE & SPORT SCIENCE – SELECT TWO DIFFERENT COURSES 2

EXAC	Activity Course	1
EXAC	Activity Course	1

FINE ARTS – SELECT ONE 3

ARTS 1350	Art Appreciation	3
COMM 2335	Film Appreciation	3
FINA 2330	Exploring the Fine Arts	3
MUSI 1340	Music Appreciation	3
THEA 2350	Introduction to the Theatre	3

WORLD CULTURES – SELECT ONE 3

ARTS 2354	World Art	3
EXSS 2353	Lifespan Nutrition	3
GLBL 2310	Cultural Immersion	3
HIST 1311	History of World Civilizations to 1500	3
HIST 1312	History of World Civilizations since 1500	3
MUSI 2358	World Music	3
PHIL 2315	Introduction to Philosophy	3

EXSS 2353 is recommended

LAB SCIENCE 4

BIOL 2141	Human Anatomy & Physiology II Lab	1
BIOL 2341	Human Anatomy & Physiology II	3

PUBLIC SPEAKING 3

COMM 1320	Public Speaking	3
-----------	-----------------	---

MATHEMATICS 3

MATH 1306	College Algebra	3
-----------	-----------------	---

SOCIAL SCIENCE 3

PSYC 1301	General Psychology	3
-----------	--------------------	---

US HISTORY OR US GOVERNMENT – SELECT ONE 3

HIST 2311	American History to 1877	3
HIST 2312	American History since 1877	3
POLS 2305	United States Government	3
POLS 2306	Texas State and Local Government	3

FRESHMAN SEMINAR 1

UMHB 1101	Freshman Seminar	1
-----------	------------------	---

CHAPEL – 1 to 4 credits

UMHB 1002	Chapel	
-----------	--------	--

Fine Arts Experience – 2 to 8 credits

UMHB 1005	Fine Arts Experience	
-----------	----------------------	--

Public Health

MAJOR REQUIRED COURSES 66

BSPH 2335	Foundations of Health Sciences	3
BSPH 2350	Principles of Health Education and Promotion	3
BSPH 2352	Personal Health and Fitness	3
BSPH 3315	Community and Public Health	3
BSPH 4310	Theories in Health Behavior	3
BSPH 4344	Leadership in Health Science	3
BSPH 4360	Pathophysiology of Chronic Disease	3
BSPH 4392	Tests and Measurements in EXSS	3
MPHE 6310	Foundations of Public Hlth & Hlth Promo	3
MPHE 6315	Measurement & Eval in Hlth	3
MPHE 6320	Assess & Prog Plan in Hlth Promo	3
MPHE 6325	Hlth Sys, Organ, & Policy	3
MPHE 6330	Applied Epidemiology	3
MPHE 6340	Management & Leadership	3
MPHE 6345	Population Health	3
MPHE 6350	Readings, Issues, Trends, Probs EXSS	3
MPHE 6353	Research Methods	3
MPHE 6360	Biostatistics	3
MPHE 6375	Advanced Theory in Hlth Behav	3
MPHE 6385	Internship in Public Health	3
MPHE 6295	Capstone in Public Health	2
MPHE 6191	Seminar in Public Health	1
	Graduate-Level Elective	3

Grades of "C" or better required in all courses in the Public Health major (undergraduate courses).

Must maintain a min. 3.2 GPA to apply to BSPH-MPH and after starting graduate course work.

HEALTH PROMOTION CONCENTRATION 20

BIOL 2340	Human Anatomy & Physiology I	3
BIOL 2140	Human Anatomy & Physiology I Lab	1
BIOL 2380	Microbiology	3
BIOL 2180	Microbiology Lab	1
MATH 2303	Statistics	3
PSYC 2311	Developmental Psychology	3
SOCI 1311	Introduction to Sociology	3
SOCI 3325	Human Diversity	3

Undergraduate Electives 24 Hours

UPPER LEVEL ELECTIVES 6

You need 6 additional Upper Level hours to reach your 36 required hrs.

ELECTIVES 18

You need 18 additional hours to reach your overall 120 required hrs.

Total Hours

Academic Core for B.S.P.H.	40
Major Required Courses	66
Other Required Courses	20
Upper Level Electives	6
Electives	18
Total hours required for graduation	150

Additional Graduation Requirements

Minimum Upper Level hours	36
Minimum hours taken at UMHB	30
Minimum Upper Level hours taken at UMHB	24
Minimum cumulative GPA	3.2