

# Bachelor of Science in Public Health (B.S.P.H.) Health Promotion to Master of Public Health (M.P.H.)

2024-2025 Academic Catalog, Bachelor of Science in Public Health – Health Promotion Concentration to Master of Public Health

## Academic Core for B.S.P.H.

40 Hours

### CHRISTIAN STUDIES **6**

CSBS 1311	Engaging the Old Testament	3
CSBS 1312	Engaging the New Testament	3

### ENGLISH **9**

ENGL 1321	Rhetoric & Composition I	3
ENGL 1322	Rhetoric & Composition II	3
ENGL	Literature	3

A grade of a "C" or higher is required in ENGL 1321 and ENGL 1322.

### EXERCISE & SPORT SCIENCE – SELECT TWO DIFFERENT COURSES 2

EXAC	Activity Course	1
EXAC	Activity Course	1

### FINE ARTS – SELECT ONE **3**

ARTS 1350	Art Appreciation	3
COMM 2335	Film Appreciation	3
FINA 2330	Exploring the Fine Arts	3
MUSI 1340	Music Appreciation	3
THEA 2350	Theatre Appreciation	3

### WORLD CULTURES – SELECT ONE **3**

ARTS 2354	World Art	3
EXSS 2353	Lifespan Nutrition	3
GLBL 2310	Cultural Immersion	3
HIST 1311	History of World Civilizations to 1500	3
HIST 1312	History of World Civilizations since 1500	3
HUMA 2355	Foundations of the Humanities	3
MUSI 2358	World Music	3
PHIL 2315	Introduction to Philosophy	3

EXSS 2353 is recommended

### LAB SCIENCE **4**

BIOL 2141	Human Anatomy & Physiology II Lab	1
BIOL 2341	Human Anatomy & Physiology II	3

### PUBLIC SPEAKING **3**

COMM 1320	Public Speaking	3
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### MATHEMATICS **3**

MATH 2303	Statistics	3
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### SOCIAL SCIENCE **3**

PSYC 1301	General Psychology	3
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### US HISTORY OR US GOVERNMENT – SELECT ONE **3**

HIST 2311	American History to 1877	3
HIST 2312	American History since 1877	3
POLS 2305	United States Government	3
POLS 2306	Texas State and Local Government	3

### FRESHMAN SEMINAR **1**

UMHB 1101	Freshman Seminar	1
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### CHAPEL – 1 to 4 credits

UMHB 1002	Chapel	
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### Fine Arts Experience – 2 to 8 credits

UMHB 1005	Fine Arts Experience	
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## Public Health

### MAJOR REQUIRED COURSES **60**

BSPH 2350	Principles of Health Education and Promotion	3
BSPH 2352	Personal Health and Fitness	3
BSPH 3315	Community and Public Health	3
BSPH 4310	Theories in Health Behavior	3
BSPH 4344	Leadership in Health Science	3
BSPH 4360	Pathophysiology of Chronic Disease	3
	Or	
BSPH 4370	Fundamentals of Epidemiology for Health Promotion	3
MPHE 6310	Foundations of Public Hlth & Hlth Promo	3
MPHE 6315	Measurement & Eval in Hlth	3
MPHE 6320	Assess & Prog Plan in Hlth Promo	3
MPHE 6325	Hlth Sys, Organ, & Policy	3
MPHE 6330	Applied Epidemiology	3
MPHE 6340	Management & Leadership	3
MPHE 6345	Population Health	3
MPHE 6350	Readings, Issues, Trends, Probs EXSS	3
MPHE 6353	Research Methods	3
MPHE 6360	Biostatistics	3
MPHE 6375	Advanced Theory in Hlth Behav	3
MPHE 6385	Internship in Public Health	3
MPHE 6295	Capstone in Public Health	2
MPHE 6191	Seminar in Public Health	1
	Graduate-Level Elective	3

Grades of "C" or better required in all courses in the Public Health major (undergraduate courses).

Must maintain a min. 3.2 GPA to apply to BSPH-MPH and after starting graduate course work.

### HEALTH PROMOTION CONCENTRATION **17**

BIOL 2340	Human Anatomy & Physiology I	3
BIOL 2140	Human Anatomy & Physiology I Lab	1
BIOL	Biology Course w/Lab	4
PSYC 2311	Developmental Psychology	3
PSYC 2314	Research Methods for Social Science	3
SOCI 1311	Introduction to Sociology	3

Recommended support courses: EXSS 2355, EXSS 3310, EXSS 3354, EXSS 3376, EXSS 3378, EXSS 3395, EXSS 4395, SOCI 3325/SOCW 3315

## Undergraduate Electives

### UPPER LEVEL ELECTIVES

As needed to reach your 36 required hrs.

### ELECTIVES

As needed to reach your overall 120 required hrs.

### Additional Graduation Requirements

Minimum Upper Level hours	36
Minimum hours taken at UMHB	30
Minimum Upper Level hours taken at UMHB	24
Minimum cumulative GPA	3.2